



****University of Kentucky 4-H Department****
HOST FAMILY CHANGE FORM

Student's Name: _____ State: _____

Moving from one host family to another can be a difficult transition. Like every aspect of your year in the United States however, this is also an opportunity to learn and grow.

The following questions serve to help you understand the impact this move will have on you, the host family you're leaving and even on the perceptions that Americans will have of you as a result of this move. We ask that you complete these questions as openly and as honestly as you can. There are no right or wrong answers. Instead, this is a tool for you to learn from this situation and continue to have a successful year.

Thank you very much!

On separate sheets of paper, please answer the following questions and give it to your 4-H State Coordinator.

1. What are your reasons for moving?
2. What does your host family think about you leaving?
3. In retrospect, what steps could you have taken or what could you have done differently with your host family to avoid this move?
4. What steps will you take to ensure that the remainder of your year with your new host family will be successful? List at least four.
5. What has been the most difficult part of moving and how will you cope with this?

I have completed this form as honestly and as completely as possible. I understand that moving to another host family is a privilege and that I am responsible to adapt to my host family's way of life. I agree to do everything in my ability to make the remainder of my exchange year a success.

Student's Signature

Date