

**Kentucky Extension Homemaker Association
4-H YOUTH DEVELOPMENT AWARDS
Club and County Level**

SHARING OUR LOVE OF CULINARY SKILLS (2009-2010)

Programs and activities entered in this contest must use the nutritional information as presented in the *Jump Into Foods & Fitness (JIFF)* curriculum. This curriculum may be found in each county extension office and contains all the information you will need to teach and share these food & nutrition skills with our youth. The curriculum contains lesson material with suggested recipes, however any nutritional recipe can be used.

Not only is this a wonderful opportunity for KEHA members to share these skills but to also learn some new ideas.

All entries should be submitted in a notebook or folder. Typing of information is strongly encouraged, but neat, legible handwriting is accepted.

Deadlines for entries is: MARCH 1, 2010. Entries should be sent to the KEHA 4-H Youth Development Chairman: Nancy Broughton
PO Box 1704
Ashland, KY 41105-1704

Format should include:

1. Cover sheet - Name of club or county. Name of project. Name, address and phone number of contact person.
2. Subsequent pages - description of program, activities and accomplishments.
3. Things to consider, how your group decided which craft to share with the youth, how you recruited volunteers, goals and objectives, etc.

SCORE SHEET

Written Segment	Score
<i>Purpose</i> - goals and objectives	30
<i>Scope of Activity</i> - what was done, who was involved, what recipes were used, how you recruited volunteers and how you reached the youth, describe what took place	30
<i>Results</i> - what was accomplished, how many youth completed at least one project. Describe successes and/or limitations, changes if done again.	30
<i>Support Material</i> - pictures, news articles, print material. Limited to 4 pages	10
TOTAL	100