

**Lake Cumberland
Extension Sponsored Rates**
Effective July 1, 2009 through June 30, 2010

- Section 1 - Overnight Camp (One Night)
- Section 2 - Overnight Camp (more than one night)
- Section 3 - Single Day Usage (10 a.m. to 3 p.m.)
- Section 4 - Extended Day Usage (9 a.m. to after 5 p.m.)
- Section 5 - Low Ropes Challenge Course
- Section 6 - High Ropes Challenge Course
- Section 7 - Policies that apply to both Low and High Ropes
- Section 8 - Pontoon Rental

Section 1 - Overnight Camp (One Night)

Agent Required on Grounds [Example: Environmental, Retreat, etc.]

Per Person Rate: **\$ 27.00**

This includes three (3) meals from the camp menu, one snack, excess medical insurance and one overnight stay. Minimum charge is for 40 people.

Volunteers: 1 Instructor per class FREE (See Fee Waiver Form for more details.)
1 Adult Volunteer per cabin FREE

Section 2 - Overnight Camps (more than one night)

Agent Required on Grounds Minimum Charge is for forty (40) people.

Lodging \$8 per person
No additional charge for heat

Meals: Breakfast **\$ 6.00**
Lunch **\$ 7.00**
Dinner **\$ 8.00**

The group is required to take at least 3 meals.

Excess Medical/Accident Insurance is provided. There must be a Registration/Health Form completed for each person attending.

Section 3 - Single Day Usage (10 a.m. to 3 p.m.)

Agent Required on Grounds [Examples: Extension sponsored class outing, Day Camps or other Single Day Events]

Minimum Charge for Single Day Usage is \$ 200.00 or \$5.00 per person, whichever is greater.
(Includes use of grounds and restrooms)

Use of Building (on top of Day Usage Fee) **\$ 50.00** per day

Use of Pool (3 hr. minimum, 6 hr. maximum) **\$ 25.00** per hour, Lifeguard is Required ¹

One (1) Lifeguard per 25 swimmers. ¹ (see below)

continued

Canoe Usage - No charge for canoe usage however a Lifeguard is Required ²

Capacity is 3 per canoe. Lifejackets are furnished and required for this activity.

Shooting Ranges/Sports Areas

\$ 50.00 per day

² A Lakefront Rescue Trained Lifeguard is required to supervise the canoe usage. NO EXCEPTIONS. There is a 3 hr. minimum (\$30.00 Paid Directly to Lifeguard). Lifejackets are furnished by the camp and are required to be worn for this activity. **It is the responsibility of the person in charge of the group to see that this safety measure is taken.**

^{1and 2} Groups may make their own arrangements for a lifeguard, but proof of proper certification must be shown. If the 4-H Center makes arrangements for the lifeguard, they are guaranteed a minimum of 3 hours at \$10 per hour. The lifeguard(s) is to be paid directly.

Section 4 - Extended Day Usage (9 a.m. to after 5 p.m.)

Agent Required on Grounds

Includes one (1) meal and free use of up to two buildings \$ 15.00 per person

Usages for which additional rates apply

Section 5 -Low Ropes Challenge Course

- Our Low Ropes Challenge Course promotes team cohesion. Groups are given a task to accomplish that at first seem difficult or impossible. The group must problem solve, communicate, and work together in order to achieve success. The experience is then discussed with a trained facilitator and connections are made to work place/real world environments. All activities on a low ropes challenge course are on the ground or no more than two feet above the ground.
- Research has found that when people work together outside of their comfort zone to accomplish a goal, a strong environment for positive change does occur.
- Low ropes challenge courses are designed for groups of all ages and types. The key factor is a group of people wishing to participate. Usually, groups of 8-12 are most desirable.
- The Course Fee is \$5.00 per participant plus an hourly rate of \$10 - \$20 for each facilitator* (**see below**).
- **For Environmental Camps and overnight groups** who have an hour long class (versus a group who is on the course for several hours), the rate is \$2.50 per person. If we find a facilitator, the fee will be negotiated with the agent in charge. We suggest a rate of \$10-20 per hour. Revised Nov. 07
- Ratios: One facilitator is needed for every 8-12 people. If your group has 13 people, then you will need two facilitators. There must be at least 5 people in the group.

Section 6 - High Ropes Challenge Course

- ELEMENTS INCLUDE: Three pole climbing tower with: climbing wall and vertical playpen, Zip Line off the climbing tower, Multi-vine Traverse, Trouble Trolley, Islands Hopping, Oobie Doobie, and Giant Swing
- The concept of "Challenge by choice" allows participants to set individual goals and measures of success. Finding success outside of one's comfort zone encourages individuals to push for success in other areas of their personal and professional lives. Trained facilitators will assist participants in connecting challenge course activities to real world applications. Each participant must sign the High Ropes Course Participation Agreement before being allowed on the course.
- The Course Fee Rate is \$ 10.00 per participant plus an hourly rate of \$10 - \$20 for each facilitator* (**see below**).

continued

- Ratios: There should be one facilitator for every 10 participants. If the entire course is in use, at least two facilitators are needed regardless of the number of participants.

Section 7 – Policies that apply to both Low and High Ropes

- Groups may choose to provide their own facilitator(s). Documentation of the facilitator(s) training certification from a professional organization must be provided to and approved by the State 4-H Office prior to scheduled activity dates.
- The Course Fee covers course rental and equipment usage. Each facilitator determines the hourly charge for their services.
- The facilitator is contracted and will determine the hourly fee to be charged. The responsible person for the group will negotiate this hourly rate with the facilitator. Example: For 4 hours of time on the course, the camp will receive the Course Fee for each participant and the facilitator will receive between \$40 and \$80 for his/her services.

Section 8 - Pontoon Rental--\$75 per hour

- The Camp will provide the pontoon driver, **NO EXCEPTIONS**.
- Lifejackets must be worn by all passengers. The driver is not permitted to pull away from the dock until everyone complies.
- Adult groups or family groups with children where the parent is present are *advised* to have a certified Lifeguard on board.
- Youth Groups are **required** to have a Lakefront Rescue Trained Lifeguard on board.
- Groups may make their own arrangements for a lifeguard, but proof of proper certification must be shown.
- If the camp provides the Lifeguard, they will be paid \$30.00. The group will pay this directly to the Lifeguard.