



Water is the Liquid of Life

Program Description

Along with this sheet, you are receiving a copy of a new publication titled “Water is the Liquid of Life.” This publication, along with complimentary teaching materials, was developed as part of the Wildcat Way to Wellness program in 2001. The teaching materials available to accompany the publication include:

- ▶ A teaching guide
- ▶ Evaluation tools (2 end of program forms, and 1 follow-up feedback form)
- ▶ “All the Water in the World” - activity guide
(developed by Steve Kelly, Fleming County Extension Agent for 4-H / Youth Development)
- ▶ “Water by the Numbers” - quiz sheet
- ▶ “Water Content Puzzles” - puzzle pieces for water content of fruits and vegetables
- ▶ A PowerPoint screen show suitable for projection or printing transparencies

All of these materials are available for viewing and download from the Wildcat Way to Wellness web site on the “Leader’s Guides and Presentations” page. The site is available at:

<http://www.ca.uky.edu/agcollege/fcs/wildcat/>

In addition to these resources, a new crossword puzzle based upon the information in the Water is the Liquid of Life publication has been created for the 2002 Kentucky Water Awareness Month packet. A camera-ready copy of this activity, along with an answer key, follows the publication.