

Skill Builders



KEYS TO GREAT PARENTING

Protect Your Child from Environmental Health Risks

Think about a specific environmental health risk that you would like to eliminate for your child or parenting skill you'd like to change. How would you make this improvement? Chose a small yet important change you can do in the next few days. Write your action plan in the space below. Then sign your name and add today's date and the target date to have the change completed. Place this form where you will see it. Tell a friend or family member and work to complete your action plan.

Signature

Current Date

Completion Date

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