

Add Up the Savings!



***Go Green ~ Save \$\$\$
At Work...***

- Take advantage of technology. Email documents and messages when possible. Post items, such as newsletters, upcoming events, and flyers on the Internet. Pay bills online if possible.
- Think before you print.
- Use both sides of paper for printing, copying, and taking notes.
- Update mailing lists to reduce returned mailings and unneeded printing.
- Turn off computers, printers, and other equipment when not in use.

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- Eating out, especially fast food, can create a lot of waste due to packaging. Instead take your lunch. Once a week have a pot-luck meal with coworkers.
- Use reusable cups, plates, and utensils.
- Use rechargeable batteries.
- Carpool, bike, or walk to work. Encourage others to do the same.
- Need furniture? Restore what you already own or shop at second-hand stores.
- Repair equipment when possible instead of buying new.
- Purchase an ENERGY STAR qualified programmable thermostat to regulate the temperature, even when you are not there.

Source: Environmental and Natural Resource Issues Task Force. January 2009

For more information contact your county Extension office or visit the UK ENRI Earth Day site at :

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