

2009 Earth Day Pledge

1. Identify/check ALL practices you are currently doing to be 'green.'
2. Choose/check 7 NEW practices to adopt as part of your 2009 Earth Day Pledge. Return to <insert location and address>.

<u>Currently</u>	<u>Earth Day</u>	<u>For my Home and at Work:</u>
___	___	turn off lights and appliances when not in use
___	___	use computer sleep mode at home and office/turn off computer at night
___	___	set thermostat no higher than 68 degrees
___	___	wash clothes in cold water
___	___	set hot water heater at 120 degrees
___	___	unplug appliances when not in use (as much as reasonable) ie. Cell phone charger, hair dryer, toaster oven, etc.
___	___	close blinds/draperies at night
___	___	replace at least 3 incandescent light bulbs with CFL - compact fluorescent bulbs
___	___	install low flow shower heads
___	___	when purchasing major appliance buy an Energy Star model
___	___	use re-usable bags for shopping – no paper or plastic
___	___	recycle paper, plastic, metal, glass
___	___	purchase more locally produced foods (look for the Kentucky Proud label that is on many of them)
___	___	recycle electronic products, batteries, phones

-over-

see blue. go green.



Disabilities accommodated with prior notification.

<u>Currently</u>	<u>Earth Day</u>	<u>For my Home and at Work:</u>
___	___	compost (inside worm bin or outside bin) – vegetable scraps, coffee grounds, shredded paper – no meat, dairy, citrus
___	___	eliminate use of bottled water
___	___	eliminate use of Styrofoam and disposable dinnerware (plates, cups, utensils)
___	___	use cloth napkins
___	___	schedule a home energy audit (KU or RECC at no charge)
___	___	use re-usable food storage containers to replace (plastic) bags
___	___	pay bills electronically
___	___	remove name from direct/junk mailings (visit www.dmachoice.org for more information)
___	___	eliminate purchase of ‘over-packaged’ product
___	___	increase purchase of biodegradable products

For my Transportation:

___	___	carpool to work or school at least 1 day per week
___	___	plan driving route and errands to minimize gas use
___	___	replace at least 5 miles of driving per week with walking or biking
___	___	take public transportation to work or school at least 1 day/week

As part of Earth Day 2009, I pledge to adopt these 7 NEW practices in order to become a better steward of our Earth.

Name _____ Date _____

E-mail address (print clearly, please) _____