



Simple Steps to Saving Water

Lesson Guide

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Your Goal As a Teacher

After teaching this lesson, I expect the homemaker / client to:

- Understand the concept of conserving water.
- Understand why it is important to conserve water.
- Know basic ways to conserve water each day inside and outside the home.
- Realize that water conservation is even more important during droughts and periods of low rainfall.
- Understand the difference between a 'water shortage watch' and a 'water shortage warning'.
- Know techniques that can be used to decrease water use during emergencies.
- Realize that water conservation can become a part of every day life.



Teaching Tools

- Flipchart - "Simple Steps to Save Water at Home". (Available for loan by contacting Kim Henken, (859)257-7775 or khenken@ca.uky.edu.)
- Handout - "Simple Steps to Save Water at Home"
- Handout - "Saving Water During Emergencies"
- Video - "Water Conservation in the Home" (V4-HED-0202 - Available through the Ag. Communications Video Library.)

Points to Stress

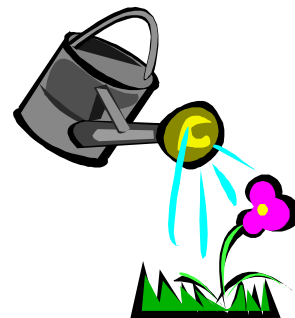
1. Saving water is something we can and should do every day.
2. We should conserve water because:
 - There is a limited supply.
 - It is costly to pump, move and purify.
 - It is easy to save water in and around our homes.
3. Leaking faucets and toilets can waste a lot of water. Checking these frequently and repairing them when leaks develop is very important.

Points to Stress (cont'd)

4. There are many simple steps we can take each day to conserve water inside our homes. Review the tips in the publication "Simple Steps to Save Water at Home" and choose the ones that fit your daily activities and lifestyle.
5. When water is in short supply, the terms 'water shortage watch' and 'water shortage warning' will often be used. A 'water shortage watch' means we have conditions that could lead to a water shortage. A 'water shortage warning' means the shortages are already occurring.
6. During emergency situations like 'water shortage warnings', there are additional measures we can take to save water. Review the suggestions in "Saving Water During Emergencies" and try to use as many as you can.
7. If you use 'gray' water for watering plants, you should not pour it directly on the plant. Be careful not to use 'gray' water that contains bleach or borax.
8. Saving water is something we should do every day. It can not only help us make sure we have water when we need it, it can also lower your water bills.

Ideas for Teaching the Lesson

1. Use the flipchart that is provided and go through it carefully.
2. Explain the importance of saving water.
3. Talk to the client about the ways you can save water each day.
4. View a section of the video to actually see some of the techniques being used.
5. Ask the client if there are any water saving practices they already use.
6. Discuss how 'gray' water can be used. If the client does not understand what 'gray' water is, spend a little extra time explaining. Gray water is wastewater from sinks, tubs, and laundry, not from toilets.
7. End the lesson by reviewing the importance of saving water and asking which practices the client feels they will start using.



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