

Lake Cumberland Area Homemakers

2008 Activities Report

Wynemia DeSpain- Lake Cumberland Area President

Adair County

- Decorated a window on the square to promote Breast Cancer Awareness
- Participated in the Health Fair and gave away a free mammogram
- Held Christmas Bazaar
- Helped 4-H Agent with Reality Store
- Formed a Junior Homemaker Club
- Provided food for Library Prime Time Reading program and the Academic Team

Casey County

- Gave recipes and samples of prepared food to commodity recipients
- Provided juice and snacks at local blood drive
- Hosted Area Cultural Arts Contest
- Monthly Craft Club skills include crocheting, embroidery and knitting
- Hosted an International Dinner
- Precipitated in Food Preservation Boot Camp
- Furnished food and assisted with 4-H Awards Dinner and 4-H Halloween Night
- Participated in Heritage Skills Retreat
- Hosted Apple Festival Cook-Off
- Participated in the Casey County Christmas Bazaar

Clinton County

- Sponsor monthly enrichment program at nursing home
- Sharing Our Skills classes focused on flower pressing, sewing, gifts in a jar, etc
- Assisted in the Holiday Ornament Workshop Series
- Sponsored New Member Appreciation Event "Falling for Homemakers"
- Increased in homemaker membership
- Participated in county and area cultural arts
- Co-sponsored a Quilt Show with the nursing home
- Presented lap quilts or stuffed animal to all nursing home residents
- Involved in Healthy Breakfast Program

Cumberland County

- Held an International Dinner
- Gave eight \$500.00 scholarships to graduating seniors
- Created and auctioned a quilt at the Blue Grass Festival
- Assisted in the Cancer Coalition
- Aided the Food Pantry
- Helped with the Blood Mobile
- Participated in the Ovarian Cancer Screening
- Volunteered in the hospital Gift Shop
- Participated in the celebration of 75 years of KEHA in Frankfort

Green County

- Provided blankets and stuffed animals to Children's Advocacy Center
- Participated in knitting, painting, basket weaving, scrapbooking classes, etc
- Worked at Blood Drive
- Participated in Ovarian Cancer Screening

- Participated in County and Area Cultural Arts
- Worked at Trust for Life and Kentucky Organ Donor Association
- Participated in Heritage Skills
- Worked at the Green County Fair Arts, Crafts and Culinary Exhibits
- Hosted the Green County Quilt Show

Pulaski County

- Participate in Knitting Classes and chicken scratch embroidery
- Attended Quilting Seminar and a class on Huck Embroidery
- Attended a class on the new tax laws and wills
- Participated in Weight-The Reality classes
- Formed an art class with Robert Sanborn
- Attended an Antique Glass class
- Held an International Dinner
- Asked each club to donate to “Pennies for Friendship”
- Participated in Ovarian Cancer Screening

Russell County

- Hosted the Area Meeting
- Held Annual Christmas Bazaar
- Gave a Scholarship to a graduating senior
- Provided food and gifts for families during the holidays
- Gave a monetary donation to the backpack program for students
- Had an increase in membership
- Have a Special Interest Painting Club
- Support twenty honorary memberships to keep officials and local decision makers
- Abreast with the importance of homemakers

Taylor County

- Received KEHA Award for having most new members in 2008
- Prepared club histories from their beginning
- Participated in Arthritis Seminar
- Supported and participated in Second Sunday exercise event
- Annual Bake Sale and Bazaar in conjunction with Recycles Day
- Participated in a Silver Seminar
- Assisted in judging 4-H’ers sewing, speeches, poems and demonstrations
- Enjoyed Membership Night Out

Wayne County

- Assisted youth with a family scrapbooking project
- Taught youth about kitchen utensils, kitchen safety, how to read recipes, and safe food handling
- Assisted 4-H’ers in making bridle bags for the state horse contest
- Taught 4-H’ers how to: cut out and read a pattern, thread a sewing machine, make various stitches and helped make nine patch pillows and pajama bottoms
- Served as judges for the 4-H Poetry and Speech Contests
- Help in Blood Drive
- Participated in ovarian cancer screening
- Attended and taught at Heritage Skills Retreat
- Held Membership Drive in conjunction with Homemade Sampler Night
- Grace Shearer is the attendee for the International Homemaker Exchange