

CREDITS

WEBSITE CREATION

Shamick Gaworski, Associate Web Developer, UK Agricultural Communications; assisted by Henrietta Ritchie, Graphic Artist, UK Agricultural Communications.

MACROMEDIA FLASH PRESENTATIONS

Creators of Flash Presentations:

Shamick Gaworski, Associate Web Developer, UK Agricultural Communications. Shamick created five of the 10 presentations: *Your Vision Map*, *The Way of Peace*, *The Freedom of Self-Discipline*, *Accepting and Loving Your Body*, and *Unleashing Your Creativity*.

Henrietta Ritchie, Graphic Artist, UK Agricultural Communications. Henrietta created five of the 10 presentations: *Making the Growth Choice*, *Heart Intelligence*, *Embracing This Present Moment*, *Healthy Relationships*, and *Gifts of Gratitude and Blessing*.

Henrietta and Shamick were assisted by Alex Lesueur, Jr., MSLS, UK Family & Consumer Sciences Extension, and Sam Quick, Ph.D., UK Extension Specialist in Human Development and Family Relations.

Photography Credits:

Tom Barnes, Ph.D., UK Extension Professor of Forestry, Photographer

Jean Carole Breeding, MS, Photographer, Berea, KY

ClipArt.com, www.clipart.com

Ken Donaldson, MA, LMHC, Photographer, Life and Relationship Coach, <http://www.kenileephotos.com>, Seminole, FL

Fotosearch Stock Photography, <http://www.fotosearch.com/>

Betty Hall, Photographer, <http://www.bettyhallphotography.com/Default.htm>, Lexington, KY

Sam Quick, Ph.D., UK Extension Specialist in Human Development and Family Relations, Photographer

Music Credits:

Your Vision Map: "Abhijit's Flute Solo – Moonbeams." Linkware composed and performed on the bamboo flute by Abhijit Dharmadhikari. <http://www.abhijitsplanet.com/>

Making the Growth Choice: “Morning Breeze.” By Don Gillman. MP3 file shared by Gillman and used with permission.

The Way of Peace: “Hans Zimmer Tribute.” By Justin R. Durban, Edgen Animations. <http://www.edgen.com/>

Heart Intelligence: “G-Comp.” By Jogeir Liljedahl, Shockwave. <http://shockwave-sound.com/>

The Freedom of Self-Discipline: “The Rain.” By Don Gillman. MP3 file shared by Gillman and used with permission.

Embracing This Present Moment: “Autumn Winds.” By Marc Pattison, Shockwave. <http://shockwave-sound.com/>

Accepting and Loving Your Body: “In the Field.” By Justin R. Durban, Edgen Animations. <http://www.edgen.com/>

Healthy Relationships: “Lochette.” By Marc Pattison, Shockwave. <http://shockwave-sound.com/>

Unleashing Your Creativity: “Unassuming Breaths.” Freeware by Dog. <http://www.besonic.com/dog>
<http://www.flashkit.com/>

Gifts of Gratitude and Blessing: “Celtic Waves.” By Brian Brill, BBM.net. www.bbm.net

PROFESSIONAL REVIEW OF PUBLICATIONS

For their review of the publication manuscripts, we wish to extend a hearty thank you to:

Rosie Allen, MS, UK Family and Consumer Sciences Agent for Gallatin County

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EDITORIAL ASSISTANCE

For proofreading the final versions of our publications and teaching outlines, we are grateful to Brandi Hymer, Editorial Assistant, Educational Publishing, UK Agricultural Communications; and Terri McLean, Publications Editor, Educational Publishing, UK Agricultural Communications.

PROMOTION

We are grateful to Becky Simmermacher, Communications Specialist, UK Agricultural Communications, who was the graphic artist for the printed promotional card.

PROJECT COORDINATION

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Assistant Director: Carole Gnatuk, Ed.D., UK Extension Specialist in Early Childhood Development

Staff Associate for Project: Alex Lesueur, Jr., MSLS, UK Family & Consumer Sciences Extension