

Ground Rules

for Learning Sessions

1. Any personal information shared is kept confidential.
2. Only one person may talk at a time.
3. Speak for yourself (“I think . . .”, “I feel . . .”).
4. No put-downs (of yourself or others).
5. Everyone’s feelings and ideas are important.
6. We are here to enjoy, encourage, and strengthen one another.
7. Each of us is responsible for making this experience a success.

